

The City of Redmond's Old Fire House is a fun, safe, supervised environment for Redmond teens enrolled in Junior High and High School. Trained staff provides daily activities emphasizing citizenship, academics, arts, performance, music, health and fitness.

Wednesdays, Thursdays, and Saturdays are Activity Days, free structured programs for teens to participate in. Admission for Fridays cost between \$5-\$10 and feature local teen performances, from DJ's and musicians to actors and poets.

Mondays and Tuesdays are Resource Days, educational classes and workshops listed in the Recreation Guide. For further information email ofh@redmond.gov or call 425.556.2370.

16510 NE 79th St, Redmond WA 98052 • 425-556-2370 • www.theoldfirehouse.org

Teen 13+

Test Prep: SAT Math Tutorial

Need some help tackling the math on the SAT? This course covers all the basics including Operations, Algebra, Functions, Geometry, Data Analysis, Statistics and Probability. Students complete five practice sections with step by step solutions on missed problems. Requirements: 1 to 2 hours homework per week. Workbook provided.

Instr: Diane Durant/Redmond Test Prep Loc: Old Fire House Teen Center Show Room

Age: 15-19 yrs Fee: \$125R/\$150N

38151 Tue Nov 1-29 6:30-8pm

Competitive Writing

Each week we will explore and develop different genres of writing, including poetry, comedy sketch writing, song lyrics and fantasy. One on one support from local professional writers to develop your themes and plenty of time to practice performing your work and develop the confidence you need to be successful. The sessions will culminate in a reading, video, or other performance event for friends and family. This class could be a great senior project and also check with your English/Creative Writing teacher for extra credit availability.

Instr: TBA

Loc: Old Fire House Teen Center Class Room

Age: 13-19 yrs Fee: Free 38152 Tue Oct 11-Nov 1 6-8pm

Spreading the News!

The Old Fire House Media Lab is the best kept secret and now we are letting everyone know that we have a recording studio. Bands, vocalists, and anyone who wants to record their own sound can come in and walk out with a CD of their very own. Very reasonable rates and professional engineers will help you along the way. Come and experience the OFH Media Lab! Email ofh@redmond.gov for more info.

Super Safe Sitters

Are you ready for your adventure in babysitting? A super one-day program designed to train you in child care. Learn skills to make your sitting experience safer, more effective, even fun! This five hour program covers parent expectations, basic first aid, child development, telephone tips, sitter responsibilities, nutrition, fire prevention, toys and activities, personal safety and home security. Graduates receive a Kid Sitter Basics 104 page handbook and completion card. Bring a sack lunch, drink and afternoon snack.

Instr: Cindy Tucker

Loc: Old Redmond Schoolhouse Community Center Room 108
Age: 11-15 yrsFee: \$60R/\$72N

38159 Sat Sep 10 9am-2pm

Stay Safe First Aid/CPR - for Teens

Designed just for teens, this class will cover general guidelines for safety and prevention, basic techniques in Infant, Child and Adult CPR, infant choking procedures and the Heimlich maneuver as well as first aid. Participants will receive a 2 year course completion card for Basic First Aid and Adult/Infant/Child CPR upon successful completion of course. Based on American Heart Association CPR practices and national first aid guidelines. Bring a sack lunch, drink and afternoon snack.

Instr: Cindy Tucker

Loc: Old Redmond Schoolhouse Community Center Room 108
Age: 11-15 yrsFee: \$75R/\$90N

38160 Sat Dec 3 9am-3:45pm